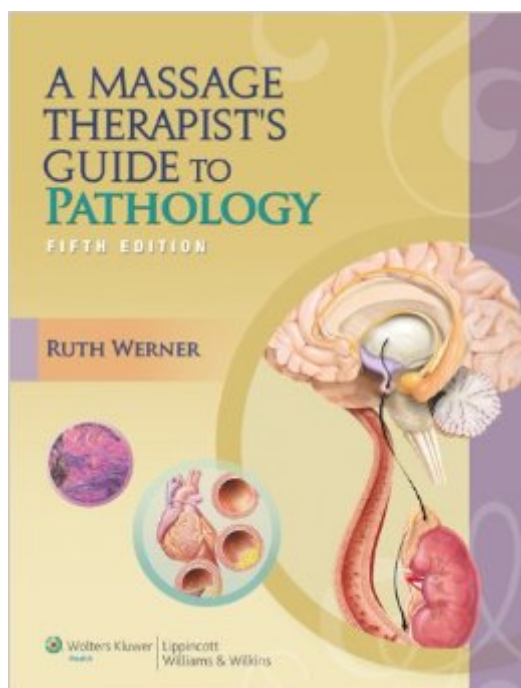


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# A Massage Therapist's Guide To Pathology, 5th Edition



## Synopsis

Set a solid foundation with the new edition of LWW's bestselling pathology text for manual therapists! This cornerstone book of the massage curriculum is the most comprehensive, visually appealing, and respected title to cover the pathologies that massage therapists must be familiar with. In the fifth edition, Ruth Werner's *A Massage Therapist's Guide to Pathology* the focus on not only explaining the disease, but also its applicability and indications in massage therapy. This text offers detailed information on the etiology, signs, symptoms, and treatment of more than 500 diseases and conditions, and also helps students discover how massage therapy influences the healing process. Organized by body system, the text features case histories in which people living and coping with many of the disease conditions covered in the text share their stories.

**Key Features**

- An enhanced art program, featuring illustrations that capture the reader's attention and make difficult concepts easier to grasp
- A new Conditions at a Glance appendix to provide concise information on an additional 34 diseases
- There's also a new table at the end of each disease condition summarizing the benefits, risks, and options for massage therapy
- Case histories share stories of people living with conditions covered in the text to draw a real-world connection between the classroom and the clinic
- Research literacy appendix addresses the need for evidence-based massage therapy
- Compare and contrast charts present similar conditions side-by-side to help students discern the differences

This book provides comprehensive, yet concise, information on the etiology, signs, symptoms, and standard treatment approaches for more than 500 diseases and conditions. At the end of each condition, a "Risks, Benefits, Options" table provides guidance on the implications for massage. For this 5th edition, the author has thoroughly researched and updated each condition in the text. She has streamlined the information to focus on what is most useful to the massage therapy student, while maintaining the friendly and accessible style that this text is known for. Included with each book is a code for access to a host of games, exercises, quizzes, videos, and animations, all developed or selected by the author.

## Book Information

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## Customer Reviews

Just an FYI for purchasers... Be aware that Fourth Edition CD ROM (and I assume all earlier versions) will NOT run on Mac O SX. The documents contained within were set up for Windows PC or as a Mac .osx extension. Mac NO LONGER supports file extensions in .osx! If you have earlier editions you will not have full access to the CD ROM portions of the text. The videos however will work. In addition If you decide to supplement the Fourth Edition and want to save money by purchasing the Fifth Edition in Kindle format; the Kindle format DOES NOT include the CD ROM portions of the book.

As a massage therapy student and the partner of a physician, I have unique opportunity to run a lot of topics discussed in this book past a knowledgeable source. While certainly not an authoritative medical text, it is a concise, easy to understand and well organized book that belongs on the shelf of every massage therapist. The one item that is sorely lacking is any bibliography. Even some basic references for those seeking clarification or more information would be a great addition. My other suggestion would be to include a pictorial guide to common skin conditions. As therapists we often encounter skin pathologies that we are not familiar with. While of course we can not diagnose, this addition would be helpful for those concerned with the appropriateness of massage for a particular client or the possibility of being exposed to a contagious pathogen.

I did not purchase this through , rather it came with the required textbooks for my massage therapy classes. For me, textbooks usually do not hold value outside the classroom. But with this is an exception! Several times now Pathology would be sitting in my backpack when a patient comes in saying, "I have [something]. Can I still get massage?" And we both sit down, look it up, and move on from there. Wonderful source to support myself and validate what I'm telling my patients!

I highly recommend the book. It contains detailed descriptions of all the commonly encountered diseases with vivid illustrations. The text lacks indications and contraindications for Eastern massage. It focuses only on circulatory massage.

This is an incredibly useful reference. However, the electronic version is a pain to use, and totally misses most of the opportunities that an e-book should offer. Some examples:- No page numbers, only "Locations," and some TEN THOUSAND of them, which don't correlate to anything. Totally useless.- The index just lists words. No "Locations," no hyperlink (which would be the obvious beautiful e-feature), nothing. It's a useless list of what's in the book, with no help as to where to find it. It's the anti-index. Bonkers.- Table of contents, almost as useless. Hyperlinked, but way too general to zip to the desired topic....assuming you already KNOW what section the pathology is categorized under.- There are videos cited which appear to be hyperlinked...but they're not actually, so you can't click and watch them.- The captions for the illustrations are not "grouped" with the illustrations, so the captions will often appear on a different page. Dumb. Essentially, to look up a specific pathology or topic, you are forced to enter keywords in the Search, wait as it searches and shows EVERY CITATION of the word appears, and hunt through for the one citation you need. In desperation I started to laboriously highlight and bookmark the topic sections I study, in order to make my own sort of index. CRAZY! E-book technology offers lots of opportunities to amp up the usability and beauty of a reference like this one. All that potential, wasted and worse here. If I were Ruth Werner, I would be screaming bloody hell at the fools who have made her well-researched, respected handbook into such a clumsy dinosaur of an e-book.

The pathologies are NOT INCLUDED IN THE INDEX. This is completely counterintuitive. Instead, the pathologies are listed somewhere in the front (and only there). I still don't understand how a publisher can print a book with an index that excludes the most essential content. Encephalopathy is in the index. Encephalitis is not. I have to go to the front of the book for that to find the page number. It defies logic. Many of the pathologies included don't make much sense where they are (ie, scleroderma is listed as a musculoskeletal disease). The "in brief" sidebar of whether massage is indicated or contraindicated is a great idea, but is overly verbose and complex. A simplified "at a glance" format would be much easier for learning and understanding.

This was a class textbook for my massage course. I am definitely going to keep this book around

after I get my license. Very useful and informative. It covers most of the major things one would encounter as a massage therapist and how to handle those situations.

Although quite brief, I liked the introduction to the body systems prior to describing the pathologies. The CD includes answers to the review questions at the end of the chapters, as well as the pathology animations (although I wish there were more of them), and the student Q&A for each chapter which are very helpful. However, the book should have discussed specific massage techniques/strokes for each pathology, not just whether or not it is indicated/contraindicated. Also, the audio glossary is quite annoying.

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